



WELLNESS SPA

Hair, Body, Mind

Massage

**WARM BAMBOO, AROMATHERAPY, SWEDISH, REMEDIAL
& ELEMIS DEEP TISSUE**

30 mins	£45.00
45 mins	£52.00
60 mins	£69.00
90 mins	£84.00

HOT STONE MASSAGE | 75mins | £79.00

HOT STONE BACK MASSAGE | 45mins | £56.00

INDIAN HEAD MASSAGE | 30mins | £45.00

Traditional Indian Head Massage performed seated in a chair, fully clothed. This massage works on the tension areas of upper back, neck, shoulders and scalp. Oils can be added to the scalp massage on request or performed dry. Perfect for easing tense shoulders/scalp or anyone unable to lie flat on a massage bed.

LYMPHATIC MASSAGE (MLD) | 30mins | £47.00

Manual Lymphatic Draining Massage is a specialised type of massage technique used for reducing swelling & draining Lymph Fluid. Often used when Lymph nodes have been removed this gentle technique is extremely effective. Beneficial for: Swollen limbs, post surgery swelling, swollen joints, detoxifying the body, fluid retention, heavy legs and excess puffiness.

ELEMIS PEACEFUL PREGNANCY MASSAGE | 75mins | £79.00

The nine month journey special time. Connecting with the mother through the power of touch & working with two heartbeats as one. Specialised positioning on our unique beanbag is used to ensure the ultimate in comfort & relaxation. Combines tried & tested safe pregnancy massage techniques adapted to the trimesters, this massage helps to relieve tension in the lower & upper back whilst alleviating swelling of the hands & feet, easing the mind & uplifting the spirit.



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Elemis Luxury Full Body Massage

ELEMIS GARDEN OF ENGLAND ROSE RESTORE | 60mins | £72.00

Take a walk in an English rose garden with this lavishly hydrating body massage & micro wrap. The unique trio of Rose, Camelina & Poppy seed oils maintain & restore elasticity, whilst encouraging skin renewal. The skin is anointed with nourishing oils whilst a nurturing Rose balm & bespoke massage comfort the skin, & ground the spirit. Skin is left exquisitely moisturised, intensely supple & deliciously scented.

ELEMIS HOT MINERAL BODY BOOST | 60mins | £72.00

This powerful treatment stimulates every cell in the body, helping alleviate muscular pain & remove toxins. The heated minerals are a catalyst to warm & deeply relax the body, perfectly prepping for the Amber body balm, while the mind is whisked off to invigorating shores with the aromatic ocean spa. Completed with a shoulder & scalp massage, this a revolutionary, minerally charged experience of skin conditioning, metabolic balancing & energising wellness.

ELEMIS QUARTZ CRYSTAL HOT POULTICE MASSAGE

Quartz Poultrice Back Massage | 45mins | £56.00

Quartz Poultrice Full Body Massage | 75mins | £79.00

Quartz and Amber crystal adds another element to massage with unique benefits including its renowned healing properties, easing anxiety, boosting our immune systems, balancing the mind and chakras to name a few. Combined with a prescriptive blend of essential oils the Hot Poultrices will work to deeply relax and ease aching muscles. If you are looking for a treatment to totally relax mind and body then this treatment is highly recommended.



WELLNESS SPA

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Elemis Body Treatments & Wraps

Lime & Ginger or Frangipani

INTENSELY CLEANSING SALT SCRUB | 30mins | £48.00

The extraordinary cleansing power of salt goes to work releasing toxins in this body polishing treatment. The fragranced salt of your choice will gently slough away dead skin cells, encouraging the regeneration of new cells & perfectly prepping the skin. It leaves a smooth & responsive canvas, ready to absorb the deeply nourishing body oil. Delivers velvety soft, invigorated skin.

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COUTURE TOUCH FACE & BODY | 60mins | £79.00

Experience the ultimate Elemis duo, a sensational Hot Stone massage to the back of the body, combined with a prescribed Advanced Anti-Ageing Booster Facial. The perfect 60 minute combination!

Continued....



WELLNESS SPA

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Elemis Body Treatments & Wraps

Lime & Ginger or Frangipani

AROMASPA OCEAN WRAP | 75mins | £71.00

These seaweed treatments detoxify & deep cleanse the body inside & out, combining the richest of sea plants & marine algae with aroma-therapeutic actives. A warm seaweed body mask combined with a blend of essential oils is applied to the body, before you are cocooned in a comforting foil wrap, whilst being treated to a deep Thai drainage facial massage & de-stress scalp treatment.

Select either:

MUSCLEASE AROMASPA OCEAN WRAP

A warming blend of Pine & Rosemary essential oils to help ease the pains of rheumatism, arthritis, muscular spasm & fatigue.

OR

CELLUTOX AROMASPA OCEAN WRAP

A detoxifying blend of Juniper & Lemon essential oils decongests & stimulates the bodies systems. Excellent for improving the dimpled appearance of cellulite & reducing fluid retention.

THOUSAND FLOWER DETOX WRAP | 60mins | £65.00

Enriched by Somerset soil packed with tree flower & grass rich nutrients, this treatment provides super skin-health & powerful detoxification, helping stimulate the elimination process & restore equilibrium. Omega-rich Green Tea seed oil is massaged into the skin followed by the thousand flower, vitamin packed super nutritious earth wrap, encouraging the body to surrender its toxins. A nourishing Green Tea balm, rich in minerals, proteins & Omegas - the superfoods of the skin - is the final touch, leaving you feeling completely reinvigorated & the body firing on all cylinders.



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Spa Rituals

ELEMIS GARDEN OF ENGLAND SIGNATURE RITUAL | 90mins | £99.00

Take a walk in an English rose garden with this lavishly hydrating body massage & micro wrap. The unique trio of Rose, Camelina & Poppy seed oils maintain & restore elasticity, whilst encouraging skin renewal. The skin is anointed with nourishing oils whilst a nurturing Rose balm & bespoke massage comfort the skin, & ground the spirit. Skin is left exquisitely moisturised, intensely supple & deliciously scented. Deeply hydrating full body massage & micro wrap followed by an Elemis Advanced Anti-Ageing Booster Facial!

ELEMIS HOT MINERAL BODY BOOST SIGNATURE RITUAL | 90mins | £99.00

This powerful treatment stimulates every cell in the body, helping alleviate muscular pain & remove toxins. The heated minerals are a catalyst to warm & deeply relax the body, perfectly prepping for the Amber body balm, while the mind is whisked off to invigorating shores with the aromatic ocean spa. Completed with a shoulder & scalp massage, this a revolutionary, minerally charged experience of skin conditioning, metabolic balancing & energising wellness. Relieve muscular aches with this full body massage & micro wrap followed by an Elemis Advanced Anti-Ageing Booster Facial.

PURE INDULGENCE | 165mins | £150.00

Ease away tension with a 60min Full Body Massage using a blend of oils prescribed for your particular needs. Followed by an Elemis Peptide 24/7 Skin Sync Facial & finally select either a Classic Manicure or Pedicure — 165mins of pure indulgence!

ELEMIS ABSOLUTE SPA RITUAL | 120mins | £125.00

The ultimate skin & body therapy for maximum results. Select an Advanced Anti-Ageing facial & combine it with a 60min Deep Tissue Massage.

PEPTIDE 24/7 SIGNATURE RITUAL | 120mins | £114.00

A 60min Full Body Massage of your choice followed by an Elemis Peptide 24/7 Skin Sync Facial. The perfect solution to bring a well rested glow to your skin & de-stress your mind & body.

ELEMIS COUTURE TOUCH FACE & BODY | 60 mins | £79.00

Experience the ultimate Elemis duo, a sensational Hot Stone massage to the back of the body, combined with a prescribed Elemis Advanced Anti-Ageing Booster Facial.

Continued....



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Spa Rituals

ELEMIS AROMASPA RITUAL | 130mins | £115.00

These seaweed treatments detoxify & deep cleanse the body inside & out, combining the richest of sea plants & marine algae with aroma-therapeutic actives. A warm seaweed body mask combined with a blend of essential oils is applied to the body, before you are cocooned in a comforting foil wrap, whilst being treated to a deep Thai drainage facial massage & de-stress scalp treatment. Combined with a full body massage this is the ultimate Spa Ritual!

Select either:

MUSCLEASE AROMASPA

A warming blend of Pine & Rosemary essential oils to help ease the pains of rheumatism, arthritis, muscular spasm & fatigue.

OR

CELLUTOX AROMASPA

A detoxifying blend of Juniper & Lemon essential oils decongests & stimulates the bodies systems. Excellent for improving the dimpled appearance of cellulite & reducing fluid retention. Kick start your metabolism with this dynamic duo.

ELEMIS THOUSAND FLOWER DETOX SIGNATURE RITUAL | 115mins | £112.00

Enriched by Somerset soil packed with tree, flower & grass rich nutrients, this treatment provides super skin-health & powerful detoxification, helping stimulate the elimination process & restore equilibrium. Omega-rich Green Tea seed oil is massaged into the skin followed by the thousand flower, vitamin packed super nutritious earth wrap, encouraging the body to surrender its toxins. A nourishing Green Tea balm, rich in minerals, proteins & Omegas - the superfoods of the skin - is the final touch, leaving you feeling completely reinvigorated & the body firing on all cylinders. A full body massage with Green Tea Balm will complete this fabulous detox ritual.

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Manicures & Pedicures

JESSICA PRESCRIPTIVE NAIL TREATMENTS

DELUXE SPA PEDICURE | 75mins | £49.00

CLASSIC PEDICURE | 45mins | £38.00

DELUXE SPA MANICURE | 75mins | £45.00

CLASSIC MANICURE | 45mins | £34.00

File & Polish £22.00

Paraffin Wax (add on treatment) £15.00

Deluxe treatments are a sensory experience for hands & feet. Hot mitts, warm oils, & nourishing masks are all combined to pamper & relax. Includes midi polish to take home.

Pedicures — please bring open toe shoes or flip flops

GELERATION REVOLUTIONARY GEL POLISH

Add 15min to all nail options to include Gel Polish £15.00

GELERATION REFRESH (30mins) £25.00
(recommended 2wks after 1st set)

GELERATION SOAK OFF £15.00



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Waxing

All our Hot Wax treatments are performed using a premium wax from Perron Rigot, a French brand with over 30yrs experience. Used by some of the top waxers in the UK, Perron Rigot is the industry leader in developing low temperature, non strip wax. The wax is hypoallergenic & used on all areas with the exception of legs. Welcome to the world of happy waxing!

For our leg waxing we use PhD Safewax, this is the original, tried and tested, best tube and applicator waxing system. PhD, which stands for Professional, Hygienic and Disposable and uses Pre-Sealed applicator heads for each client which are disposed of after each waxing treatment.

FULL LEG WAX	£32.00
HALF LEG WAX	£23.00
UNDERARM WAX	£16.00
ARM WAX	£20.00
LIP OR CHIN WAX	£13.00
BIKINI WAX	£19.00
BRAZILIAN WAX	£30.00
HOLLYWOOD WAX	£36.00
EYEBROW SHAPE	£14.00

Tinting

EYE LASH TINT	£20.00
EYEBROW TINT	£15.00

A patch test is required 48hrs before tinting - please note all patch tests require an appointment to be pre booked.

If you have not had tinting for 6 months or more then an additional patch test is required



WELLNESS SPA

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Face & Eyes

Elemis

ADVANCED ANTI-AGEING FACIALS

SUPERFOOD PRO-RADIANCE | 60mins | £77.00

A nutritional boost rich in superfoods and essential minerals designed to pack stressed, dull skin with energising, detoxifying actives. Clinically proven* to leave skin plumper, radiant and lit up with good health.

*Independent Clinical Trials. Instantly firms, rejuvenates & plumps the skin whilst reducing dark circles

PRO COLLAGEN AGE DEFY | 60mins | £77.00

A Tackle fine lines and wrinkles with the clinically proven* age-defying benefits of marine charged Padina Pavonica and Red Coral. Targeted massage encourages optimum cellular function for nourished, younger looking skin.

*Independent Clinical Trials. Clinically proven to reduce wrinkles by up to 94% & improve skin firmness by up to 57% in just one treatment

DYNAMIC RESURFACING PRECISION PEEL | 60mins | £77.00

Clinically proven* to target the signs of ageing and uneven skin tone, this pioneering precision treatment uses layers of enzymes for powerful exfoliation and renewal. A new start for smoother, younger-looking skin.

*Independent Clinical Trials. Resurfaces & smoothens, target blemishes uneven skin tone, superficial scarring & fine lines

PRO-COLLAGEN DEFINITION LIFT & CONTOUR | 60mins | £77.00

Powered by breakthrough technology, this facial helps restore the architecture of the face using the potent nutrients in plant actives found to help support the extra-cellular matrix. Creates a profoundly sculpted, youthful effect. Shapes, lifts & firms jowls, cheeks, chin & neck.



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Elemis Skin Solutions Facials

SENSITIVE SKIN SOOTHER | 60mins | £69.00

Fragile skin needs special attention. A soothing massage technique helps reduce the appearance of redness and protect against daily stresses. Texture and moisture levels are dramatically restored. Skin is left supremely soothed, comfortable and calm. Helps to rebalance delicate, fragile & sensitive skin.

ANTI-BLEMISH MATTIFY & CALM | 60mins | £69.00

A revelation for oily, congested or hormonal skin. This mattifying facial helps combat oil and shine, while intuitive massage helps restore micro-circulation. A deeply detoxifying treatment for clear, bright skin. Purifying for congested skin. Helps to calm irritation & rebalance oil-rich pores.

PEPTIDE 24/7 SKIN SYNC | 60mins | £69.00

Target tired skin with this radiance restoring facial. Powerful botanical formulations are combined with specialist massage techniques to replenish skin with a well rested glow. Suitable for all skin types.

Natural Spa Factory

The Natural Spa Factory is a local based company in Bath, Somerset. They focus on natural & sustainable ingredients with eco friendly packaging. No animal testing, with many vegan friendly products.

ILLUMINATING FACIAL | 60mins | £66

All paraben free & inspired by the Geisha women of Japan, much admired for their flawless complexions. Rice bran is the key ingredient of this sensitive range. Filled with natural actives to help reduce skin blemishes, age spots & even the skin tone. This beautiful blend of rice bran, vanilla & complex fragrant white flowers will leave your skin feeling refreshed & illuminated! *This facial is all VEGAN friendly*



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Face & Eyes

Elemis Biotec Facials

7 SUPERCHARGED FACIALS, TO DELIVER IMMEDIATE, VISIBLE, LONG LASTING RESULTS.

BIOTEC facial treatments are where ground-breaking technology meets active ingredients and transformative touch. The pioneering innovation of the BIOTEC machine, works to switch the skin back on, increasing its natural cellular energy. Technology turbo-charges touch. The clinically proven result? Thriving, visibly healthy and energised skin.

BIOTEC FACIALS | 60 mins | £81.00

BIOTEC SIGNATURE FACIAL | 75mins | £87.00
Includes additional Massage

BIOTEC LINE ERASER

BIOTEC FIRM-A-LIFT

BIOTEC SKIN RESURFACER

BIOTEC 24/7 SKIN SYNC

BIOTEC RADIANCE RENEW

BIOTEC BLEMISH CONTROL

BIOTEC SENSITIVE SKIN SOOTHER



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Holistic

REFLEXOLOGY | 75mins | £69.00

Please note your first appointment will include an in depth consultation.

REFLEXOLOGY TASTER SESSION | 30mins | £42.00

HOPI EAR CANDLES | £34.00
(Recommended as a course of 3) | £84.00

Ear Piercing

EAR PIERCING | £32.00

Our qualified therapists use the superior quality of Caflon equipment & earrings made in the UK.

Caflon utilises advanced eco-friendly manufacturing technology to create the safest ear piercing systems available. All earrings are hypoallergenic. Each treatment includes a pair of earrings of your choice along with a bottle of Caflon Solution to take home, together with your home care advice.

Please note that piercing is for Lobes only

We have a minimum age of 10yrs & anyone under 16yrs must be accompanied by a parent.



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Teenage Treats

MINI FACIAL | 30mins | £32.00

MINI MANICURE | 30mins | £21.00

MINI PEDICURE | 30mins | £22.00

Suitable for 10yrs—15yrs (must be accompanied by a parent)



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Especially for Men

Facials

ELEMIS SKIN IQ FACIAL | 75mins | £77.00

ELEMIS URBAN CLEANSE FACIAL | 75mins | £69.00

BIOTEC SUPER-CHARGE FACIAL | 60mins | £81.00

Men's Body Treatments

SWEDISH, AROMATHERAPY, REMEDIAL, WARM BAMBOO MASSAGE OR ELEMIS DEEP TISSUE

30mins | £45.00

45 mins | £52.00

60 mins | £69.00

90 mins | £84.00

DEEP CLEANSING BACK TREATMENT | £59.00

ELEMIS TOTAL TIME OUT | 2hrs | £125

See our Spa Rituals for further options available

Men's Essentials

DELUXE SPA PEDICURE | 75mins | £49.00

DELUXE SPA MANICURE | 75mins | £45.00

BACK WAX OR CHEST | £27.00